

**Merriwood Christian Camp
Clemmons, NC**

**Sample Schedule
Junior Weeks and Middle School Weeks**

7:00	Rise and Shine
8:00	Flag Raising/Exercise
8:10	Personal Quiet Time
8:30	Breakfast
9:00-9:20	Cabin Clean-up
9:20-10:05	Team Building
10:10-11:45	Skills Class Tract Session
11:55-12:40	Bible Class
12:45	Lunch
1:30	Rest Period/Verse Memorization
2:15-3:15	Swim
3:15-3:30	Change
3:30-3:45	Canteen
3:45-4:45	Recreation Time
4:45	Free Time
6:00	Supper
6:30	Large Group Games
7:00	Ready for Chapel
7:30	Chapel
8:30	Canteen Open
9:00	Evening Special/Free Time
10:30	Cabin Devotions/Ready for Bed
11:00	Lights Out

*** This is a sample schedule, and varies depending on the program. Times are subject to change depending on overnight age group and without notice.*